

Winston-Salem: *Bursting the Wake Forest bubble*

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Northside Lanes- Dude. Chicks love a man who can bowl. Only about half a mile behind Groves Stadium, this bowling palace will leave you breathless from it's abundance of culture and class.

FOOD

Let's be serious- Food is really all college kids care about. If you're a dude, then you probably established this your first five minutes on campus. Yeah, we saw you bringing that box of Krispy Kremes back to your room. If you're a girl, you've been hearing stories about how to avoid the freshman 15 for years. Our advice is to forget your sorrows studying and writing papers and drowning your sorrows in the wide variety of chow around Winston-Salem.

Mexican

Poncho Villa's- Located in the College Plaza Shopping Center on University Pkwy and offers reasonably-priced Mexican fare from tacos to tasty

enchiladas.

La Carreta- Mexican cuisine, but pricier than Poncho's. Has super-friendly and fast service. 725 Coliseum Dr.

Baja Fresh- Advertises freshness, no use of microwaves or can-openers. Try the fish taco, it's delicious. Freshness comes at a cost, expect to pay more than you may be accustomed to at Taco Bell. 2005 Frontis Plaza Blvd.

Qdoba- Design your own burrito with choice of meat, beans, vegetables, and tons of extras. Inexpensively priced for filling portions. 57 Miller St. and 945 Hanes Mill Blvd.

Thai Food

Royal Thai- Beautiful Asian décor complete with a trickling fountain make the Thai dining experience authentic. The lunch menu (\$5-7) is much cheaper than the dinner menu (\$8-10 per entrée). Try the pad thai if you're a noodle fan. 514 S. Stratford Rd.

Cha Da Thai- Authentic Thai cuisine with a wide variety of appetizers (try

the Angel wings), curries, noodles, and stir fries. If you like sweet tea, order the Thai iced tea (\$1.50) for a tasty treat. Expect to pay around \$7-12 for an entrée. 420 Jonestown Rd.

Americana

Village Tavern- A popular choice to take parents. Offers a variety of salads, sandwiches, meat and fish dishes. If you're a seafood lover, sample the crab cake sandwich. The homemade potato chips are also a great appetizer. Mid-ranged pricing. 221 Village Tavern and Hanes Mall Blvd.

West End Café- Dark but quaint atmosphere. Offers a variety of sandwiches, pastas, and seafood entrees. Try the mussels with white wine sauce. 926 W. Fourth St.

Bistro 420- Uniquely flavored food; occasional live music. Food can be expensive, but smaller entrees and lunch are cheaper. 424 W. Fourth Street.

Leon's Café- Really tasty American food. Live music and good bar atmosphere on Tuesdays. Hang out for NC School of the Arts. Expensive.

924 S. Marshall St.

Cumberland Café- Daily-changing menu. Interesting food with a southern twist. Good place for an expensive meal, but strip-mall location is a turn off. 4665 Brownsboro Rd.

Indian Food

Basmati- Offers a daily lunch buffet, which is much cheaper than the dinner menu. The garlic na'an is a must, and the tandoori chicken is also a safe bet. Medium priced (around \$7-10 per entrée). 3088 Healy Dr.

Kabab's Indian Bar and Grill- New to Fourth Street, Kabab's provides both downstairs and upstairs dining with a great view of downtown. If you're on a date, get the entrée sampler for two for a wide variety of Indian food to share. The best Indian food in town, but expect to pay the price. Most entrees range from \$10-15. 321 W. Fourth St.

Nawab Indian Cuisine- Often crowded on Friday and Saturday nights, Nawab has delectable mango lassis (like a yogurt smoothie) and pakoras (deep-fried fritter). Prices comparable to Kabab's. 129 S.

Stratford Rd.

Italian

The Loop Pizza Grill- Design your own pizza made to order or choose from a variety of house specialties. Take-out or eat-in. Good prices. 320 S. Stratford Rd.

Vincenzo's Italian Restaurant- Good Italian fare that costs less than Macaroni Grill or the Olive Garden. Take-out or eat-in. Reasonably priced. 3449 Robin Hood Rd.

Elizabeth's Italian Restaurant and Pizzeria- Make your own pasta or pizza. Also offers other Italian dishes. Reasonable prices. 3278 Silas Creek Pkwy and 2824 University Pkwy.

Breakfast

Midtown Café and Desserty- Scrumptious pancakes ranging from chocolate chip to blueberry. Also offers lunch and dinner menus, but breakfast is a must. Medium-priced. 151 S. Stratford Rd.

Life editor Tom Clark contributed to this article.

Life

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