

# Runners take first in opening meet

## Women's cross country team raises opponent's eyebrows with impressive win

By ADAM ROTHSCHILD  
SPORTS COPY EDITOR

Women's cross country Head Coach Francie Goodridge left for Blowing Rock this weekend expecting her young team to run the flat Moses Cone Park course that her team had run on for years. She had geared the team to run this extremely fast course in practices earlier that week, and expected her team, though inexperienced, to be prepared.

Things did not quite pan out the way Goodridge had expected.

As it turned out, the Demon Deacons did not know that the Blowing Rock course had been changed. Instead of the flat course of previous years, the runners ran up the mountain for the first half of the race.

But the young Demon Deacons responded exceptionally well, dominating the field and raising some eyebrows around the state of North Carolina and, undoubtedly, around the ACC.

The Demon Deacons scored a commanding 20 points Saturday by claiming five of the top ten places. In a distant second place was the host, Appalachian State, with 69 points, followed by Duke, UNC-Asheville, UNC-Charlotte,

Winthrop and Davidson.

Senior co-captain Liz Cotter kicked off her final season with her first collegiate cross country win. The Valley Stream, N.Y., native blew away the rest of the field and finished with a time of 18:12. Amazingly, Cotter ran a faster time on this year's hilly course than she did last year on the old, notoriously fast course.

Twenty seconds after Cotter crossed the finish line, freshman Janelle Kraus completed her first race as a Demon Deacon in second place.

Her outstanding performance propelled her into a position of prominence on the squad and offered a glimpse of what should be an excellent future for her and the Deacons.

Kraus was the first of six straight Demon Deacon finishers who are either freshmen or sophomores. Sophomore Liz Moore was next, coming in third for the team and fourth overall, narrowly trailing Winthrop's Vincee Walz.

Freshman Emily Selvidio followed, finishing fifth overall in her collegiate debut. Sophomore Amy Wallace rounded out the scoring for the Deacons as the eighth runner to cross the line.

Continuing the Demon Deacons' pa-

rade of youth were freshman Jill Snyder and sophomore Becky Pollock. They placed 13th and 14th overall in a dead heat with senior Chrissy Person, who finished just behind Pollock.

Person was redshirted with an injury during the spring track and field season and is still in the process of returning to top form. She is expected to move up in the Demon Deacon ranks as the season progresses.

Goodridge said she was pleased with the way her young team performed, though not completely surprised.

She said she does not believe for an instant that the Demon Deacons' inexperience will come back to haunt them late in the season.

"We immediately saw some great things in the few practices we had," Goodridge said.

"You could say that there is a great deal of parity in the league this year. We feel that overall, except for N.C. State, the ACC is back to being a very young league."

The Demon Deacons will get an idea of just where they fit on the league's totem pole Sept. 21, when they host Virginia in a dual meet. The event will begin at the Water Tower Field.

# World class triathlete Kemper brings talent to Deacon track

By DAVID MCGLINCHY  
CONTRIBUTING REPORTER

Everyone is aware that the university is home to one of the country's finest basketball teams. This fall, we are learning that we have a respectable football team on campus. But how many students know that the Deacon athletic program is also the home of the top American junior triathlete and the sixth-best junior triathlete in the world?

Junior Hunter Kemper competed this summer in the National City-International Triathlon Union Age Group World Championship, held in Cleveland, and finished sixth overall, first among the eight United States entrants with a time of 1:50:20. This despite the fact that during the race Kemper had to overcome a wrong turn in the bicycle leg of the event.

"Had things gone smoothly I could have won the age group, but I am still one of the top guys out there," Kemper said.

When he is not running triathlons, Kemper, 20, who hails from Lake Brantley High School in Longwood, Fla., runs for the Deacon cross country and track teams. He normally competes in the 5,000 meters in track. He ran the 1,500 meters at last year's Wake Relays but described it as "too short."

Kemper's hard training regimen has paid off

already for the Deacon cross country team. Saturday, he broke into the team's top seven for the first time in his career, finishing third for the Deacons and sixth overall as the Deacons won the Tennessee Quadrangular meet.

The ITU Age Group World Championships was one of three races Kemper competed in this summer. He finished second overall in the Monument Park Triathlon, and, in the Boulder Peak Triathlon, he raced in the professional division and placed third. In both events he was the top American junior triathlete.

During the summer, in between races, he maintained a weekly preparation program that included 15,000 to 20,000 yards swimming, 200 miles biking and 45 to 50 miles running. In addition to this rigorous training, Kemper says that he had to give up greasy foods and could not hang out with his friends during the summer.

On the plus side, however, Kemper likes the fact that his triathlon training has prevented him from getting a full-time summer job.

"There is nothing else I would rather be doing," Kemper said.

Kemper will move up to the elite division at next summer's championships, but he has confidence in his ability and his preparation. He eventually hopes to turn professional and reap some financial reward from his success.

## SCOREBOARD

### Football

	ACC Standings		Overall	
	W	L	W	L
North Carolina	1	0	2	0
Florida State	1	0	1	0
Georgia Tech	1	0	1	0
Maryland	0	0	2	0
Wake Forest	0	0	2	0
Virginia	0	0	1	0
Clemson	0	1	0	1
N.C. State	0	1	0	1
Duke	0	1	0	1

### ACC Statistics

Rushing	
Tiki Barber, UVa.	147.0
C.J. Williams, GT	147.0

Tremayne Stephens, NCS	82.0
Charles Wiley, GT	82.0
Leon Johnson, UNC	78.5
Thomas Jones, UVa.	76.0
Raymond Priester, Clem.	76.0
Warrick Dunn, FSU	70.0
John Lewis, WFU	69.0

### This Week

**Thursday:** Field Hockey vs. Appalachian State, 7:30 p.m., Campus Stadium

**Friday:** Men's Soccer vs Santa Clara at San Francisco

Volleyball vs Radford at Davidson, 11 a.m.

Volleyball vs UNC -Wilmington at Davidson, 5 p.m.

**Saturday:** Football at Georgia Tech, 7:00

p.m.  
Women's Soccer vs. Providence at Maine, 12 p.m.  
Volleyball vs Mercer at Davidson, 3 p.m.

Volleyball at Davidson, 7 p.m.

**Sunday:** Field Hockey vs. Maryland, 1 p.m., Campus Stadium

Men's Golf at ReliaStar Collegiate Intercollegiate (Minneapolis, MN)

Men's Soccer at San Francisco

Women's Soccer vs. Rhode Island at Maine, 12 p.m.

**Monday:** Men's Golf at ReliaStar Collegiate Intercollegiate (Minneapolis, MN)

**Tuesday:** Field Hockey at Duke, 7 p.m.

Volleyball vs. Virginia Commonwealth, 7 p.m., Reynolds Gym

## Soccer

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advantage of the Deacons' revamped back line, dribbling through the defense to score the first goal of the match just before halftime. However, whatever Head Coach Jay Vidovich told his charges during the break worked, because the Deacons dominated the second half.

Litvoka scored his first career goal six minutes into the second half to tie the score 1-1. At the 71:52 mark, Laskowski took advantage of his starting role by heading in a cross from Zlatar to give the Deacons a 2-1 lead that they held on to.

Vidovich said, "I was concerned after the first goal, we looked ready to cave in. Certainly, I was happy with our mental toughness and with the way we played through fatigue in the second half."

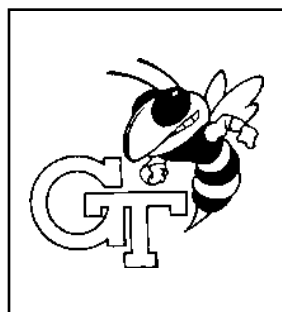
The Deacons (2-1) will next travel to San Francisco for the University of San Francisco-Met Life Classic. Friday they will face perennial national contender Santa Clara, followed by a Saturday match with San Francisco, a Top 10 team.

"They are both Top 20 teams. They'll be strong competition for us," Vidovich said.

## Wake Forest Demon Deacons



## Georgia Tech Yellow Jackets



Series History: Georgia Tech leads 13-5

Last Meeting: Georgia Tech 24, Wake Forest 23 (Nov. 4, 1995)

1996 Record: 2-0, (0-0 ACC)  
Head Coach: Jim Caldwell  
Record at WFU: 8-27-0 (3 years)  
Career Record: 8-27-0 (3 years)  
Colors: Old Gold and Black

### OFFENSE

Formation: Multiple

Players to Watch:

QB Brian Kuklick, RB John Lewis, RB Herman Lewis, WR Thabiti Davis, WR Dan Ballou, OL Doug Marsigli, OL Jeff Flowe, P Tripp Moore, PK Bill Hollows

### DEFENSE

Alignment: Multiple

Players to Watch:

LB Kelvin Moses, LB Jon Mannon, DB D'Angelo Solomon, DB Tom Stuetzer, DB Major Griffey, DL Robert Fatzinger, DL Harold Gragg

1996 Record: 1-0, (1-0 ACC)  
Head Coach: George O'Leary  
Record at Ga. Tech: 7-8 (1 year)  
Career Record: 7-8 (1 year)  
Colors: Blue and Gold

### OFFENSE

Formation: Multiple

Players to Watch:

QB Joe Hamilton, TB C.J. Williams, OL Curtis McGee, TE Grant Baynham, RG Ken Celaj, WR Dexter Stallworth, WR Mike Sheridan, TB Charles Wiley

### DEFENSE

Alignment: Multiple

Players to Watch:

LB Ron Rogers, LB Keith Brooking, LB Jimmy Clements, SS Mike Dee, CB Nathan Perry, DE Ralph Hughes, DE Jermaine Miles

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